

Contact Us

By teaching you how to safely and independently perform your daily activities where you live, we minimize disability that can result from low vision and we maximize possibilities!

**Occupational
Therapy
LOW VISION
Services**

919.239.4805

Do You Have The Right Therapist?

Questions to ask an occupational therapist who provides low vision rehab services.

- Do you have a credential in low vision? (Examples-certificate in low vision rehab from UAB, CLVT, SCLVT, O&M specialist, vision rehab teacher, certified driving rehab specialist)
- What kind of experience do you have in low vision rehab?
- What eye doctors (ophthalmologist and/or optometrists) do you work with?
- What continuing education have you had in the past year related to low vision rehab?
- What are some of the diagnoses that your previous clients with low vision have?
- What are some examples of low vision interventions that you have provided?
- What low vision rehab resources and technology are you familiar with?

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*Now serving Wake, Durham,
Alamance, Granville, Orange,
Guilford, Forsyth and
surrounding Counties*

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Remain and Regain

Low Vision Facts

Low Vision is a visual impairment severe enough to limit the ability to perform many necessary activities of daily living that allows some usable vision.

Low Vision in Older Adults

- Is a chronic condition affecting 1 in 6 older adults over the age of 45
- Has no cure, and in most cases, the vision loss is permanent.
- Is the third leading cause of disability.

People with low vision have trouble using their remaining vision to perform daily activities safely—such as:

- Bathing
- Grooming
- Cooking
- Paying bills
- Shopping

VISUAL IMPAIRMENT IS ONE OF THE MAIN CAUSES OF FALLS AMONG OLDER ADULTS.

Safety can be at risk when it is necessary to:

- ♦ Dial emergency phone numbers, such as 911
- ♦ Identify medications correctly
- ♦ Keep track of glucose (sugar) levels
- ♦ Use knives to chop and slice foods
- ♦ Identify spoiled food or water on the floor
- ♦ Judge the depth of stairs and curbs which can lead to falls

Are You Among the Many Older Adults Who Hope to “Age in Place!”

By participating in an occupational therapy low vision program, older adults with visual impairment can learn to safely perform daily tasks made difficult or impossible by low vision—increasing the chances that they can remain in their homes for the rest of their lives.

Our Low Vision Services:

Occupational therapy makes it easier to manage your:

- Home
- Medications
- Self care
- Communication

and other activities of daily living—as well as the emotional adjustment to vision loss.

We’ll teach you how to:

- Use helpful tools and techniques to compensate for your vision loss
- Modify the ways you do your activities, maximizing your remaining vision
- Modify your home environment to make it easier and safer to do your daily activities.

